

Dangerous foods for your bird!

Chocolate

Avocado

Caffeine

Alcohol

Apple seeds (as they contain cyanide)

Mushrooms[citation needed]

Dairy products containing lactose[citation needed]

Garlic and onions, cooked or raw, contain a chemical which kills red blood cells[citation needed]

Salt (increases thirst, water consumption and urination)[citation needed]

[Http://www.thebirdwhisperer.org](http://www.thebirdwhisperer.org)